IDENTIFICACIÓN DEL PROYECTO

Número de Proyecto: `UNIBE-2025-07-22-22-27-39` **Facultad:** Facultad de Psicología

Nombre del Proyecto:	**Cross-Cultural Consistency and Relativity in the Enjoyment of Thinking vs Doing**		
Fecha de Inicio:	28-07-2015	**Fecha de Finalización:**	21-09-2017
Condición:	Terminado	**Vínculos:**	No posee
Presupuesto:	0.00	**Presupuesto Aprobado:**	0.00

DESCRIPCIÓN

Descripción:

Which is more enjoyable: trying to think enjoyable thoughts or doing everyday solitary activities? Wilson et al. (2014) found that American participants much preferred solitary everyday activities, such as reading or watching TV, to thinking for pleasure. To see whether this preference generalized outside of the United States, we replicated the study with 2,557 participants from 12 sites in 11 countries. The results were consistent in every country: Participants randomly assigned to do something reported significantly greater enjoyment than did participants randomly assigned to think for pleasure. Although we found systematic differences by country in how much participants enjoyed thinking for pleasure, we used a series of nested structural equation models to show that these differences were fully accounted for by country-level variation in 5 individual differences, 4 of which were positively correlated with thinking for pleasure (need for cognition, openness to experience, meditation experience, and initial positive affect) and 1 of which was negatively correlated (reported phone usage)

ACTIVIDADES DEL PROYECTO

No hay actividades registradas.

INVESTIGADORES Y PARTICIPANTES

Nombre	Institución	Rol en el Proyecto
David Torres	UNIBE	Investigador
Massiel Arroyo	UNIBE	Investigador
Mauricio Blanco	UNIBE	Investigador
Camila Ordoñez	UNIBE	Investigador

POBLACIÓN BENEFICIADA

Beneficiarios:

Beneficios a la Población:

Beneficios para UNIBE:

OBJETIVOS Y METAS

Objetivo General: